

Starters

Served Between 12-230 and 6-9pm

Soup of the Day with Homemade Bread. £5.95 (V) (GF*)

Spicy Lamb Kofta served with Salad and Tzatziki. £8.95 (GF)

Punchbowl Prawn Cocktail topped with Classic Marie Rose Sauce and served with Buttered Bread. £7.50 (GF*)

Crispy Breaded Cornish Camembert served with Salad and a Spiced Cranberry Compote. £7.95

Smoked Mackerel Pate served with Dressed Leaves & Toasted Ciabatta £6.50

Salt & Pepper Squid served with Garlic Aioli, Dressed Leaves & Mixed Herbs £6.95

Moules Mariniere or Goan Style Mussels served with Homemade Bread
£7.95

Thai – Style Chicken Satay Skewers served with Satay Dip £7.50

A Selection of Homemade Bread served with Hummus, Extra Virgin Olive Oil and Balsamic Reduction. £5.95 (V)

Marinated Olives. £3.95 (V) (GF) (DF)

Kid's Menu

Battered Cod with Fries, Peas and Tartar sauce. £7.50

Pasta in a Creamy Tomato Sauce finished with Cheese. £6.50

Whole Tail Scampi with Fries, Peas and Tartar Sauce. £7.50

Ham, Egg, and Fries. £7

Mains

Served Between 12-230pm and 6-9pm

St. Austell Ale Battered Cod served with Rustic Chips, Crushed Peas and Tartare Sauce. £13.50 (DF*)

Local 80z Sirloin Steak with Rustic Chips, Onion Rings, Garlic Mushroom & Tomato. £18.50 (GF*) Add Stilton Sauce or Peppercorn Sauce. £2.50 (GF)

Home Cooked Honey Glazed Ham with Rustic Chips, Free Range Eggs, Salad and Piccalilli. £12 (GF)

Punchbowl Steak Burger served in a Seeded Bun with Salad, Fries, Onion Rings, Relish & Dijon Mayonnaise. £12
Add Bacon, Cheddar, Brie, Stilton £1.95 each

Baked Smoked Haddock served with Rosemary and Garlic Crushed Potatoes, Wilted Spinach, Poached Free Range Egg and finished with a Whole Grain Mustard Cream. £14.50 (GF)

Homemade Chicken Kiev served with French Fries & a Dressed Salad £14.95

Vegetable Thai Green Curry served with Aromatic Rice & Poppadum £11.95 (V)
Add Cod & Tiger Prawns £14.95 (DF)

Moules Mariniere or Goan Style Mussels served with Homemade Bread & French Fries
£13.95

Punchbowl Classic Chicken Caesar Salad £12.95

Vegetable & Noodle Stir Fry with an Oriental Sauce finished with Sesame Seeds (V)
£11.50

Sides

French Fries // Rustic Chips // Garden Salad // Buttered Cornish Potatoes // Seasonal Vegetables // Onion Rings // Garlic Bread. £3.50 each

Desserts

Served between 12-2.30pm and 6-9pm

Eton Mess Panna Cotta

Clotted Cream & Vanilla Panna Cotta, Mixed Berries, Fruit Coulis & French Meringue
(GF) £5.95

White Chocolate Fudge Blondie, Chocolate Tuile, Clotted Cream, Toasted Chopped
Nuts £5.95

Passionfruit Maracuja, Fresh Passionfruit, Mango Gel & Homemade Shortbread £5.95

Homemade Ice Cream 2 Scoops £3.50

3 Scoops £5.50 (GF) (V)

Please see Specials for today's selection.

West Country Cheeseboard

Cornish Brie// Helford Blue

Cornish Gouda// Guest Cheese Ask For Details

Served with Grapes, Celery, Apple, Homemade Chutney, Quince Paste

And a selection of biscuits £10 (GF*)

Coffee and Tea.

Americano

Espresso

Decaf

Latte

Double Espresso

Selection of Tea's

Cappuccino

Macchiato

Hot Chocolate

(V) Suitable For Vegetarian. (GF) Suitable for Gluten Free. (GF*) Gluten Free Option Available. (DF) Suitable For Dairy Free. (DF*) Dairy Free Option Available.

Due to food being cooked to order there may be a short wait during busy periods.
Please make the staff aware of any allergies you may have.

Lunch

Lunch served daily between 12-2.30.

“Huntsman” Home Cooked Honey Glazed Ham, Celery, Apple, Chutney,
Pickled onions, Salad and Artisan Bread. £11 (GF*) (DF)

“Ploughmans” Mature Cheddar, Celery, Apple, Chutney,
Pickled onions, Salad and Artisan Bread. £11 (V) (GF*)

Sandwiches

All served on White, Granary or Toasted Gluten Free Bread and with a Salad Garnish.
(DF*)

Coronation Chicken. £7.50

Home Cooked Honey Glazed Ham with Wholegrain mustard & Salad. £6.50

White Cornish Crab Meat in a Light Lemon and Parsley Mayonnaise. £11.50

Mature Cheddar with Homemade Chutney. £6.50 (V)

Smoked Bacon, Cornish Brie and Cranberry Sauce. £8

Steak Sarnie.

Pan Fried Strips of Sirloin Steak with Fried Mushrooms and Onions served in a
toasted Ciabatta with Dressed Leaves. £10.50

Add Stilton, Cheddar or Brie. £ 1.95 each

(V) Suitable For Vegetarians. (GF) Suitable For Gluten Free. (GF*) Gluten Free
Option Available. (DF) Suitable For Dairy Free. (DF*) Dairy Free Option Available.
Please make the staff aware of any allergies you may have.



Afternoon Menu.

Served Between 3pm-5.00pm

Soup of the Day with Homemade Bread. £5.95 (GF*)

St. Austell Ale Battered Cod served with Rustic Chips, Crushed Peas and Tartare Sauce £13.50 (DF*)

Home Cooked Honey Glazed Ham with Rustic Chips, Free Range Eggs and Homemade Piccalilli £12 (GF)

Vegetable Thai Green Curry served with Aromatic Rice and Poppadum £11.95 (V)
Add Cod & Tiger Prawns £14.95 (DF)

Punchbowl Steak Burger in a Seeded Bun with Salad, Fries, Onion Rings, Relish and Dijon Mayo. £12
Add Cheddar, Bacon, Brie, Stilton £1.95

Cornish Cream Tea £5.95 (V)

Kid's Menu

Battered Cod with Fries, Peas & Tartare Sauce £7.50

Pasta in a Creamy Tomato Sauce finished with Cheese £6.50

Whole Tail Scampi with Fries, Peas & Tartare Sauce £7.50

Ham, Egg & Fries £7

Homemade Ice Cream 2 Scoops £3.50

(V) Suitable For Vegetarians. (GF) Suitable For Gluten Free. (GF*) Gluten Option Available. (DF) Suitable For Dairy Free. (DF*) Dairy Free Option Available.
Please make the staff aware of any allergies you have.



Afternoon Menu.

Served Between 3pm-5:00pm

“Huntsmans” Home Cooked Honey Glazed Ham, Celery, Apple, Chutney, Pickled Onions, Salad and Artisan Bread. £11 (GF*) (DF)

“Ploughmans” Mature Cheddar, Celery, Apple, Chutney, Pickled Onions, Salad and Artisan Bread. £11 (GF*) (V)

Sandwiches.

All served on White or Granary or Toasted Gluten Free Bread and with a Salad Garnish. (DF*)

Coronation Chicken. £7.50

Home Cooked Honey Glazed Ham with Wholegrain Mustard and Salad. £6.50

White Cornish Crab Meat in a Light Lemon and Parsley Mayonnaise £11.50

Mature Cheddar with Homemade Chutney. £6.50

Smoked Bacon, Cornish Brie and Cranberry Sauce £8

Steak Sarnie.

Pan Fried Strips of Sirloin Steak with Fried Mushrooms and Onions in a Toasted Ciabatta with Dressed Leaves £10.50

Add Stilton, Cheddar or Brie £1.95 each

Sides.

French Fries // Rustic Chips // Garlic Bread //Garden Salad

All £3.50.